



SPLASH

STOPPING PLASTICS AND
LITTER ALONG SHORELINES

CLEANUP FIELD TRIP CHECKLIST

We're so excited to have you join us for a cleanup that will both help the environment and help us collect important trash data. Here is a checklist of the things you'll want to wear and bring with you to have a successful day.

Before the Cleanup:

- Fill out and have a parent/guardian sign the American Bird Conservancy parental consent form if you are younger than 18, or the liability waiver if you are 18+.
- Review our safety guidelines (next page)

Wear to the Cleanup:

- Check the weather and prepare accordingly, bringing layers if necessary
- Close-toed shoes to protect your feet
- Pants and/or long sleeves are recommended
- Sun protection: hat, sunscreen, sunglasses

Bring to the Cleanup:

- Filled water bottle (or two!). Stay hydrated!
- Snacks or a full packed lunch if a full-day field trip
- A notebook & writing utensil
- Extra sunscreen

SPLASH Will Provide: Work gloves (you are welcome to bring your own if you prefer), trash bags and buckets, hand sanitizer, first aid kit, and water refill station (but bring a full water bottle!)

After the cleanup:

- Feel great about making our coast and waterways cleaner!
- Feel free to post about your experience participating in coastal cleanup! Tag SPLASH on Facebook and Instagram at @splashtrashtx, we would love to see your photos!

SAFETY GUIDELINES

Please read the safety guidelines below to make sure we have a safe and successful day. If you have any questions or concerns, do not hesitate to reach out to us - splashtx@abcbirds.org

- **Monitor Your Health:** If you or anyone in your group is feeling ill, we ask that you skip the cleanup and stay at home.
- **Wear Proper Attire:** Volunteers should wear close-toed shoes and clothing that protects them from the elements/weather (hats, long sleeves, pants, UPF clothing and/or sunscreen, bug spray, etc). Volunteers should also wear gloves while collecting trash. We will have gloves available for use but volunteers are welcome and encouraged to bring their own.
- **Water and Snacks:** We will have water and snacks available, but volunteers are encouraged to bring their own. It's very important to stay hydrated! Be sure to properly dispose of any wrappers or containers so they don't end up at our next cleanup!
- **Check Your Surroundings:** Be aware of your surroundings at all times, keeping an eye out for waves and rising tides, sensitive habitats (sand dunes, areas with wildlife, etc.), unstable footing, vegetation like poison oak, or any approaching weather.
- **Thunderstorms:** Staff will be monitoring for approaching thunderstorms and will suspend or cancel the cleanup if the storm gets too close. If you want to help us monitor, use the 30 second rule: if you see a bolt of lightning, start counting to 30. If you hear thunder before you reach 30, the storm is getting too close to continue outdoor activities. Seek out a staff member or return to the check-in tent for further instructions.
- **Hazardous or Large Debris:** If you encounter debris that is either hazardous (medical waste, personal care items, etc.) or too large and/or heavy to remove, please seek out a staff member who will remove the item. DO NOT place hazardous waste in your collection bag with other trash, and do not injure yourself trying to remove a large piece of debris! SPLASh staff have the tools necessary to take care of these items and get them out of the environment.
- **First Aid:** If you are injured in any way during the cleanup, our staff are trained in CPR/First Aid and have a first aid kit available.